

Joy as a Spiritual Practice

with Rev. Greg Ward at UU Family Camp 2008
de Benneville Pines



Rev. Greg Ward is a life-long Unitarian Universalist. He has been a minister for 11 years and served congregations in Toronto and Atlanta before returning to California. He is currently at the UU Church of the Monterey Peninsula in Carmel, CA.

Rev. Greg has been a de Benneville camper since he was two years old. Before entering the ministry, he worked as a dishwasher and cook at camp, and as a baker, a clown, a dancer, a storyteller, a pharmaceutical engineer, an aerobics instructor and a chaplain.

Meet Rev. Greg Ward and participate in his 5-day workshop at Family Camp this summer!

Family Camp 2008 - Joy as a Spiritual Practice: Every person of every age from every generation has sought joy. We all want it. We want to share it with the people whom we love most. We spend plenty of time and money pursuing it. Why is it so elusive?

Spiritual masters have said that joy is not something that can be gained directly but only as a byproduct of doing other practices intentionally.

Using play, poetry, movement and dance, meditation, writing and evoking the wisdom of each another, we will consider these (and other) questions: What makes you laugh? Feel hopeful? Experience safety? Feel freedom from judgment? Who is in charge of your life? How well are they doing meeting your needs? Have you found something that is worth sacrificing your freedom for? Worth giving your life for?

If you are looking for more joy in our outlook, between yourself and your partner, with your children, your parents and in the way you engage with the larger world, then explore with us! Come with an open mind and heart. Together we will find strategies for becoming filled with joy.”

Camp de Benneville Pines is located at 6’800 feet in the San Bernardino National Forest, approximately 45 minutes from Redlands, CA. Within walking distance of Jenks Lake in a forest of towering cedars, pines and oaks, de Benneville is the perfect location for enjoying the natural beauty of the forest and mountains.

Accommodations include comfortable if rustic cabins with private bedrooms for couples and families, shared baths, hot running water in all bathrooms, meeting rooms for workshops, a swimming pool and the hot tub for relaxing after a busy day. Deluxe accommodations include shared kitchen and living room facilities.

Delicious, homestyle meals are served in the lodge, with vegetarian and vegan options available if requested with registration. Fees include lodging, meals, snacks and all activities for the week.

The program is organized by the Family Camp Organizing Committee headed by Co-Deans Lisa Ward and Amy Brunell. The Theme Speaker, Rev. Greg Ward will offer a 5-day workshop called “Joy! as a Spiritual Practice”. Other activities will include hikes, canoeing at Jenks Lake, crafts, workshops, worship, a banquet, Talent Show (talent not required!), children’s & youth programs and plenty of relaxing by the pool.

For additional information and to register, contact caroline@uucamp.org or (909) 794-2928

Camp de Benneville Pines, Angelus Oaks, CA 92305

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[Click Here for a Registration Form](#)