



Awakening the
Muse,
Nourishing the
Spirit.

The muse is that which inspires and invokes our creative self, the expression of which connects us to our spirit.

Please join your sisters at the 2011 Unitarian Universalist Women's Retreat.

Friday May 13 to Sunday May 15

Rediscover your essential spirit as you engage your mind, body and soul through art, inspiration, play and renewal.

Camp de Benneville Pines
Angeles Oaks, California

Register at www.uucamp.org

The 2011 Unitarian Universalist Women's Retreat welcomes as this year's keynote speaker,

Rev. Erika Hewitt

from the Live Oak Unitarian Universalist Congregation in Goleta, California.

In her presentation, Rev. Erika explores:

What forms can the muse take?

How do we cultivate a deeper relationship with the Source of inspiration and creativity?

How does nourishing the spirit go beyond simple self-care and enter the realm of spirituality?

How might we live from a place of greater centeredness, spiritual depth, compassion and interconnectedness?

Rev Erika will be with us from Friday evening through Saturday afternoon.

Erika is pleased to offer a workshop titled "Yoga as Spiritual Practice" on Saturday afternoon.